



## Labor and Delivery

The UAB Women & Infants Center provides care in a world-class facility including all private rooms with sleeping accommodations for spouse or support person, and amenities like room service meals, on-site valet parking, family lounges with computer centers and playrooms, and wireless internet access.

A care team consisting of maternal-fetal medicine physicians, anesthesia specialists, and a personal labor nurse provides 24-hour personal care during your stay in the UAB Women & Infants Center.

Housed in the UAB Women & Infants Center, the UAB Regional Newborn Intensive Care Unit provides the highest degree of life-saving services and 24-hour continuing care should the need arise, designed to allow families to be with their babies throughout their stay.

The UAB Maternity and Evaluation Unit for emergencies is also located in the UAB Women & Infants Center, with convenient drive-through for patient drop-off.

## Directions and Map

### FROM I-65 NORTH (from Montgomery):

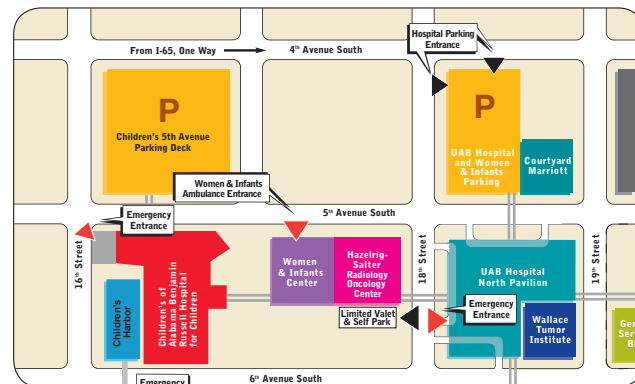
From I-65N take exit 259 for University Boulevard (8th Avenue South). Follow the ramp to the right. Proceed for six blocks and turn left onto 18th Street South. Proceed four blocks and turn right onto 4th Avenue South; the entrance to the 4th Avenue Parking Deck will be immediately on your right.

### FROM I-65 SOUTH (from Huntsville):

From I-65S, take exit 259B or 4th Avenue South. Follow the ramp to the left. Proceed for six blocks until you cross 18th Street South; the entrance to the 4th Avenue Parking Deck will be immediately on your right.

### FROM I-20/59 (from Atlanta or Tuscaloosa), Highway 31/280:

From I-20W/59S, take exit 126A for Highway 31S/Highway 280W. Exit onto University Boulevard (8th Avenue South) and turn right at the bottom of the ramp. Proceed for eight blocks and turn right onto 18th Street South. Proceed for four blocks and turn right onto 4th Avenue South; the entrance to the 4th Avenue Parking Deck will be immediately on your right.



**UAB MEDICINE**

UAB WOMEN & INFANTS SERVICES

205.934.9999 • 1.800.UAB.8816  
[uabmedicine.org/women](http://uabmedicine.org/women)

# Maternal-Fetal Medicine

High-Risk Pregnancy Care, Prematurity Prevention, and Prenatal Genetics



**UAB MEDICINE**

UAB WOMEN & INFANTS SERVICES

Knowledge that will change your world

Choosing world-class pregnancy care from UAB's maternal-fetal specialists is the first important decision you'll make in the life of your child. Why? Because 10 to 20 percent of women do not know their pregnancy is high-risk until labor, and 12 percent of deliveries are premature. By selecting UAB, you will receive women's care listed among America's best by *U.S. News & World Report*. You will also benefit from an obstetric and gynecology department consistently ranked among the top five in the country in the amount of research and training grant support awarded by the National Institutes of Health. That means you will receive care from nationally recognized experts in obstetrics—UAB physicians who stand ready to provide the highest level of care for your pregnancy.



UAB Maternal-Fetal Medicine Physicians

## Preconception Counseling

Expectant mothers must consider many issues when planning for a baby, especially if either you or your physician is concerned that you could have a high-risk pregnancy. Many women have complicated pregnancy histories and/or medical conditions that could lead to pregnancy complications. UAB's maternal-fetal medicine physicians offer counseling and management strategies for women with these concerns prior to pregnancy.



## Prenatal Care

As a UAB patient, you have access to the resources of the Women & Infants Center in the Medical Center District. You will receive personalized care from skilled, knowledgeable physicians backed by the renowned resources of UAB Medicine.

As part of UAB Medicine, UAB's specialists have access to today's newest, most advanced medical breakthroughs, including new treatment options that can reduce recurrent preterm births by 33 to 50 percent.



All of UAB's expert physicians hold board certifications in both obstetrics and gynecology and maternal-fetal medicine. One is also board-certified in genetics. They are nationally recognized experts in caring for women with complex pregnancies, including patients with:

- *prior pregnancy complications;*
- *prior pregnancy loss;*
- *twins or other multiple gestation;*
- *diabetes, hypertension, or other complex medical conditions; or*
- *genetic problems.*

You will have the opportunity to meet with the specialists in the practice, who regularly meet as a team to review your care throughout your pregnancy. This collaboration ensures that you receive comprehensive care that addresses your special needs and concerns.

UAB's expert physicians use the most advanced ultrasound and genetic technologies to give you the most comprehensive information about your pregnancy.