

KIDNEY & PANCREAS TRANSPLANT PATIENT INFORMATION

The UAB Kidney and Pancreas Transplant Clinic is located in UAB Hospital, situated in the medical center district on the University of Alabama at Birmingham campus. The clinic is located at 1915 6th Avenue South, on the first floor of the Jefferson Tower's north wing. Patients are seen in the clinic Monday through Friday from 6 am to 5 pm. A monthly satellite transplant clinic is located at Providence Hospital in Mobile, Alabama.

PATIENT DROPOFF

A covered driveway is available for patient dropoff at the main clinic entrance on 6th Avenue South between 19th and 20th streets.

PARKING

For appointments at the clinic, please park in the UAB parking deck on 6th Avenue, across the street from the covered driveway. Additional parking is available at The Kirklin Clinic of UAB Hospital parking deck at 2100 6th Avenue South. Patients must enter the Kidney and Pancreas Transplant Clinic at the street-level entrance on 6th Avenue South, between 19th and 20th streets.

Patients needing wheelchair assistance should park in The Kirklin Clinic of UAB Hospital parking deck. Escort personnel are located there and have wheelchairs to help get you to your appointment. This deck is two blocks from the clinic, but you can access it by following the second-floor skybridge. High-top van access is restricted to the circular driveway in front of The Kirklin Clinic of UAB Hospital, so patients arriving in high-top vans and requiring wheelchair assistance should be dropped off at the front door of The Kirklin Clinic before the driver parks the vehicle. Valet parking is available in the circular driveway in front of The Kirklin Clinic.

APPOINTMENTS

To schedule or reschedule an appointment, please call 205-975-9200 or 888-822-7892 if outside of the Birmingham area. If you need to cancel an appointment, please make every effort to let us know at least 24 hours in advance.

WHAT TO BRING WITH YOU

When you come to your appointment, please bring your insurance card, all prescriptions and over-the-counter medications and supplements you are currently taking (or a list of these), and X-rays, lab results, or other medical information that your referring physician has not already sent to our clinic.

BEFORE TRANSPLANT

As part of your evaluation, you will receive a link to watch several videos about the transplant process. On the day of your appointment, please arrive at least 30 minutes early to allow enough time for parking and check-in. You will meet several of our team members to review your medical history and answer any questions you may have about transplantation.

The following testing may be ordered:

- Complete medical history and physical examination
- Social service evaluation, to discuss your lifestyle and how you and your family might cope with transplant surgery
- Laboratory tests to evaluate your other organ systems
- X-rays and other diagnostic procedures

KIDNEY & PANCREAS TRANSPLANT PATIENT INFORMATION

AFTER TRANSPLANT

For your convenience, we see post-transplant patients in clinic five mornings per week. We ask that you arrive 90 minutes before your appointment time, so that we can obtain blood and urine samples for lab testing. It takes approximately 90 minutes to receive results back from most of those lab tests. After blood and urine samples are taken, our staff will check your weight, blood pressure, and other vital signs. Once you have reached the one-year post-transplant mark, your regular checkup appointments will occur in the afternoon.

During each clinic appointment, patients will review their medications with a licensed pharmacist who has expertise in transplant medications. One of our transplant doctors will then see you and discuss your care. The next step is for one of our nurses to implement any lab or test orders and medication changes the doctor recommended. If you've had any changes to your medications, usually you will discuss these with the pharmacist before leaving. These comprehensive visits with multiple transplant experts usually take 2-4 hours.

AFTER HOURS AND EMERGENCIES

If you need to reach a member of the transplant team after hours, please call UAB Paging at 205-934-3411 and ask the attendant to page the post-kidney transplant coordinator on call. If you have a true medical emergency, please dial 911 for immediate assistance.

PAYMENT INFORMATION

Some insurance providers may require a referral or pre-certification before seeing specialists. Please be sure to bring a copy of this referral or pre-certification with you for billing purposes. If you are unsure of what your insurance company requires, it's important to contact the company before your appointment. Your co-pay is expected at the time of your visit; however, our financial counselors are available to discuss any problems or special circumstances. Our financial counselors can be reached Monday through Friday from 8 am to 4 pm at 205-975-9200.

LABS/TEST RESULTS

Depending on your physician and your testing schedule, your results will be discussed with you on your return visit, mailed to your home, or given to you over the phone by a member of our staff. It may take up to 2 weeks to receive the results of some specific tests that may be ordered, but your transplant nurse coordinator will tell you about any urgent lab or test results as soon as those results are available.

PHARMACY

Medications are crucial for transplant patients, so our doctors, pharmacists, and nurses monitor these closely. For this reason, our post-transplant patients see a pharmacist at every clinic visit. We also increase the accuracy and speed of prescriptions by electronically prescribing 95% of transplant-related medications. We encourage you to call us at 205-975-9200 at least one week before you need a prescription refill. Finally, we offer an option for you to receive your medications through the mail from the UAB Specialty Pharmacy.