

Tension-free Vaginal Sling Procedures Transobturator Tape Procedure

Technique

Procedure involves placement of a small piece polypropylene mesh around the pubic bones underneath the urethra, which is the tube that leads from the bladder to the outside of the body.

Incisions

A 3 cm incision is made within the vagina immediately beneath the urethra. In a TVT procedure, a two, 3mm incision are also made on the lower abdomen. In a TOT procedure, a 3 mm incision will be placed within the inguinal (groin) fold bilaterally.

Operative Time

Operative times vary greatly depending on the findings at the time of surgery. Your surgeon will proceed with safety as his/her first priority. Average times range from 20-40 minutes.

Anesthesia

Local anesthesia + IV sedation
Regional (spinal or epidural) anesthesia
General anesthesia

Preoperative Care

Nothing by mouth after midnight

Hospital Stay

Day surgery or
23 observation

Postoperative Care

These guidelines are intended to give you a general idea of your postoperative course. Since every patient is unique and has a unique procedure, your recovery may differ.

Narcotic pain medicine is usually required for the first 24-72 hours.

Driving is allowed once you do not need narcotics for pain.

If they desire, patients may return to work in 2 days.

If you have difficulty voiding after your procedure, you will have a Foley catheter placed to aid with urinary drainage.

Most patients will be able to void within 1-2 days. We will coordinate bladder testing and removal with you.