

Patient & Family Instructions

Auditory Brainstem Response (ABR Testing)

Date: _____

Time: _____

You have been scheduled for the testing mentioned above. Please report to the 5th floor, ENT Department at The Kirklin Clinic of UAB Hospital and proceed to the front desk to register. If you cannot keep your appointment, please call (205) 934-9766 as soon as possible to reschedule.

The **ABR test** is designed to give your doctor information about the functionality of your inner ear organs. You will be lying down, and the audiologist will scrub your forehead and behind your ears before attaching electrode stickers. After the electrodes are in place, earphones will be placed in your ear canals. You will hear a loud series of clicks. During this test, it is best that you relax as much as possible and keep your eyes closed. No responses are needed from you. It is very important to stay as still as possible. Any movement (especially eye movement) can cause interference and affect the reliability of the test.

The test today will take approximately 60 minutes to complete.

WE ASK THAT YOU FOLLOW THESE INSTRUCTIONS EXACTLY:

1. You will not be able to wear your glasses.
2. Apply no facial makeup (foundation) or other skin preparations before testing due to the sticky electrodes that will be used during the test.

If you follow these directions, the test can be conducted more easily and make your doctor's diagnosis and treatment more accurate. If you have questions about any of these instructions, call our office at 205-934-9766 to speak with your doctor's nurse.