UAB's Cosmetic Dermatology and Laser Clinic has treated patients with BOTOX® Cosmetic and similar medications for non-surgical facial rejuvenation since 2007. There are a variety of styles when it comes to contouring the face, neck, and jawline with these treatments. Our physicians specialize in "the natural look" and take into consideration patients' individual needs and likes when performing these procedures.

# BENEFITS

- The most popular non-surgical aesthetic treatment
- No downtime, with a 30-year safety record
- Affordable, natural results
- Results last 3 to 6 months

## HOW IT WORKS

BOTOX<sup>®</sup>, Dysport<sup>®</sup>, and Xeomin<sup>®</sup> are neuromodulators that temporarily relax specific muscles by blocking the nerve impulses to those muscles. As the treated muscles relax, wrinkles and lines created by their contraction gradually fade and sometimes even disappear completely. The earlier patients start BOTOX<sup>®</sup>, the smoother their faces will appear as they age. BOTOX<sup>®</sup> prevents wrinkles!

## WHAT TO EXPECT

A typical treatment takes only 10 minutes, and there is very little discomfort, as we use tiny needles.

#### RESULTS

The results gradually take effect over the two weeks following treatment and can last up to 3 - 6 months.

## **RECOMMENDED SESSIONS**

Repeat treatment every 3 to 6 months.

## POSSIBLE DOWNTIME

- Possible bruising
- Possible tenderness at the injection site
- Possible temporary muscle asymmetry

#### POST-TREATMENT CARE

- Resume normal activities immediately post-treatment
- Do not rub or massage injected areas

## SPECIAL RECOMMENDATIONS

In our experience, most patients report that their results look the most settled at 6 to 8 weeks. Therefore, if you have a special event coming up, we recommend making your appointment 6 - 8 weeks before the event.