

The HydraFacial is a luxurious facial rejuvenation treatment that exfoliates dead skin, extracts dirt and bacteria from the pores, and infuses moisture, vitamins, antioxidants, and hyaluronic acid into the skin.

BENEFITS

- Safe for virtually all skin types, with no downtime
- Rehydrates sun damaged or aging skin
- Smooths and firms the skin, giving it a luminous glow

HOW IT WORKS

The HydraFacial treatment at the UAB Cosmetic Dermatology and Laser Clinic is a multi-step procedure. The process begins with a deep cleansing of the skin, followed by a gentle exfoliation of the dull, dry skin layers, and then the extraction of dirt, oils, and impurities from the pores. Once these 3 steps are complete, fresh, younger-looking skin is revealed. The treatment closes with the infusion of boosters depending on whether you are seeking to minimize acne, pigment/sunspots, or wrinkles.

WHAT TO EXPECT

The treatment can take 20-40 minutes. No comfort measures are required. HydraFacials are great “go-to” treatments before any special event.

RESULTS

The HydraFacial creates a more luminous, hydrated, and age-defying look immediately, and it allows greater penetration of skin products applied in the days after treatment.

RECOMMENDED SESSIONS

A HydraFacial can be performed anytime your skin feels dehydrated or you desire a maximum glow. We suggest making it part of your monthly skin care routine, or use it to help boost you through a breakout or the dry season.

POSSIBLE DOWNTIME

- None

POST-TREATMENT CARE

- Resume normal skin care activities immediately post-treatment.