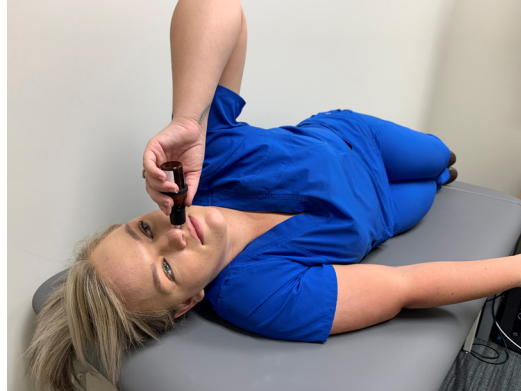


# KAITEKI POSITION

## STEROID DELIVERY TO THE OLFACTORY CLEFT:



### TOPICAL STEROID

- Mometasone
- Budesonide
- Other \_\_\_\_\_

### DOSING

- Once daily
- Twice daily
- Other \_\_\_\_\_

### REFERENCES:

Mori E, Merkonidis C, Cuevas M, Gudziol V, Matsuwaki Y, Hummel T. The administration of nasal drops in the “Kaiteki” position allows for delivery of the drug to the olfactory cleft a pilot study in healthy subjects. Eur Arch Otorhinolaryngol.