

UAB VEIN CLINIC

Welcome to the UAB Vein Clinic Ultrasound Specialty Lab, which is part of the Department of Vascular Surgery and Endovascular Therapy, located at UAB Hospital-Highlands. We are pleased that you have chosen UAB Medicine to provide your medical care, and we look forward to serving you.

This letter is designed to help you prepare for your Doppler ultrasound test.

Your Doppler ultrasound appointment is scheduled for _____
at the UAB Vein Clinic on the 3rd floor of UAB Hospital-Highlands.

A Doppler ultrasound will look at how your leg veins are functioning. This study is noninvasive and usually pain-free. The results of this study will be reviewed with you during your clinic appointment. If there are any urgent results, you will be notified sooner.

BEFORE YOUR ULTRASOUND APPOINTMENT:

- It is OK to eat and drink and take your medications as usual.
- You will be able to drive yourself to and from this appointment. No sedation is used.
- The study can take up to 1 hour.

ON THE DAY OF YOUR ULTRASOUND APPOINTMENT:

- Please arrive at least 20 minutes before the scheduled time, giving you time to change, use the restroom, and finish any paperwork.
- When you are called back to the ultrasound room, you will be asked to change into paper shorts.
- The room will be dark, which helps the ultrasound specialist see your veins more clearly.
- A clear, water-based gel will be used on your skin during the study.
- The ultrasound specialist will look at your legs in sitting and standing positions, occasionally applying pressure to your legs.
- You will hear a variety of sounds, which are all part of the study.
- Once the study is complete, you will change back into your clothes.
- Our ultrasound specialists are very knowledgeable Vein Clinic team members, but they are not allowed to comment on the results of the study. The results will be explained to you at your clinic appointment with the vascular surgeon or nurse practitioner.

UAB HOSPITAL-HIGHLANDS
(NOT at The Kirklin Clinic of UAB Hospital)
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