

A word from our patients

“It has been amazing to be able to sleep for more than an hour at a time without waking up to empty my bladder...”

“I can now take an auto trip that takes longer than an hour...”

“I procrastinated for years about having surgery because I was afraid of the pain. It has been so easy and definitely worth it—accident and prolapse free!”



Center of Excellence

The UAB Urogynecology Care and Continence Clinics received the nation's first National Association for Continence (NAFC) Center of Excellence designation for the care of patients with incontinence and prolapse.

The Center of Excellence designation is based on evidence of extensive training, clinical experience, resources, and patient satisfaction statistics that meet established standards. Learn more about this prestigious designation online at uabmedicine.org/urogynecology/nafc.

Locations

The Urogynecology Care Clinics are located in The Kirklin Clinic and the UAB Women & Infants Center. Connected parking decks and valet parking are available at both locations for your convenience.

Please confirm the location of your office visit when you make your appointment.

The Kirklin Clinic, 1st Floor

2000 6th Avenue South
Birmingham, AL 35233

UAB Women & Infants Center, 9th floor

1700 6th Avenue South
Birmingham, AL 35294

Appointments and Information

To learn more about urogynecology care at UAB, visit us online at uabmedicine.org/urogynecology.

To schedule an appointment with a UAB urogynecologist, or to speak with us about our services, please call UAB HealthFinder at (205) 934-9999 (toll-free 800-822-8816); or, contact the UAB Urogynecology Care Clinic directly at (205) 801-7815.

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Urogynecology Care at UAB



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UAB WOMEN & INFANTS SERVICES

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If you experience leaking of urine or difficulty controlling your bowels, you aren't alone. Half of all women are likely to experience some incontinence in their lifetime, and about 10 percent will have surgery for incontinence and/or prolapse—a bulging of the bladder or vagina often caused by weakened muscles from pregnancy or childbirth. Fortunately, most incontinence problems can be successfully treated. Women will find revolutionary new options available today, many of which were researched and developed right here at UAB.

The UAB Division of Urogynecology and Pelvic Reconstructive Surgery

The UAB Division of Urogynecology and Pelvic Reconstructive Surgery is Alabama's leader in the field of urogynecology. The division's specialty board certified providers are recognized nationally for their quality of clinical care and groundbreaking research. Our specialists provide professional and sensitive care for women with incontinence and pelvic floor disorders. Patients are provided a variety of highly effective, non-surgical approaches including medications, behavioral therapies, and support devices. For those who desire surgery, the latest minimally invasive techniques usually allow women to go home the same day and recover quickly.

What Is a Urogynecologist?

A urogynecologist is a gynecologist with advanced training, education and certification in the evaluation and treatment of women with urinary symptoms (including involuntary leakage, frequent urination and bladder pain), bowel symptoms (including involuntary leakage and constipation), and pelvic relaxation defects (loss of support of the pelvic organs such as the bladder, uterus and rectum).

Services

Our physicians offer a full spectrum of one-on-one services for patients including:

- Comprehensive clinical evaluation
- Evaluation, diagnosis, and treatment of urge urinary incontinence and overactive bladder, stress urinary incontinence, bowel incontinence, uterine prolapse, and other pelvic relaxation problems
- Office fitting and placement of vaginal support device (pessary) for prolapse and incontinence
- Surgery for pelvic organ prolapse and stress incontinence including new minimally invasive vaginal and laparoscopic/robotic approaches
- Neurostimulation therapy for refractory urge urinary incontinence, bowel incontinence, and voiding dysfunction
- Botox therapy for refractory urge urinary incontinence

Individualized Treatments

We provide a treatment plan for each patient's individual needs. Our staff is experienced in discussing and evaluating these sensitive problems. A comprehensive evaluation may include:

- Physical examination similar to that which you undergo during your annual exam and Pap smear
- Urinalysis
- Bladder studies, including:
 - Cystoscopy, in which a thin tube is placed inside the urethra to view the inside of the urethra and bladder
 - Urodynamic testing—an evaluation to check the function of the lower urinary tract, which consists of the bladder, urethra, and the voluntary and involuntary sphincter muscles
- Bowel studies, including:
 - Anorectal physiology studies—tests to evaluate the anal sphincter, pelvic muscles, nerve function, and rectal function
 - Ultrasound evaluation

