Listed below are some sources for purchasing various bariatric products. However, it is highly recommended that you purchase either the pre- or post-op bariatric bundle from UAB Weight Loss Medicine to ensure that the products meet your optimal nutritional requirements.

### VITAMINS

#### UAB Weight Loss Medicine

Official vendor for Bariatric Advantage vitamins UAB Hospital-Highlands, 1201 11th Avenue South, Suite 515, Birmingham, AL 35205 uabmedicine.org/weightloss | Phone: (205) 934-7053

### **Bariatric Advantage**

bariatricadvantage.com | Phone: (800) 898-6888

### Celebrate

celebratevitamins.com | Phone: (216) 302-3634

## **PROTEIN SHAKES**

### **UAB Weight Loss Medicine**

Official vendor for OPTIFAST UAB Hospital-Highlands, 1201 11th Avenue South, Suite 515, Birmingham, AL 35205 uabmedicine.org/weightloss | Phone: (205) 934-7053

### UNJURY

unjury.com | Phone: (800) 517-5111

Many approved grocery store brands; see pre-op diet handout and Phase 2 diet handout for details.

# BARIATRIC BUNDLES FOR PRE-OP AND POST-OP

Available exclusively at Weight Loss Medicine:

- **Pre-op Bundle:** Combination of OPTIFAST and Nectar protein shakes, 30 days of post-op vitamins, and phone consultation with a registered dietitian
- **Post-op Bundle for Phase 2:** Combination of OPTIFAST high-protein and Nectar protein shakes, 30 days of post-op vitamins, and phone consultation with a registered dietitian

