

Preoperative Instructions

1. Patients may take clear liquids up until 2 hours prior to the time they are to arrive in the facility for their procedure. **No solid or non-clear liquids** for a minimum of 7 hours prior to the time they are to arrive in the facility for their procedure.
* Clear liquids include water, coffee or tea **without cream or artificial creamer**, or other liquids that are transparent such as apple juice, 7-Up or Sprite. Note that adding cream to coffee or tea makes them non-clear liquids. These liquids should **not** include alcohol.
2. Any medications that are normally taken should be taken with a sip of water, unless otherwise instructed by the doctor.
3. A responsible adult must accompany the patient and **REMAIN IN THE WAITING ROOM FOR THE ENTIRE TIME** of the planned surgical procedure.
This person must be able to drive since the patient will be unable to drive for at least 24 hours after the anesthesia or sedation.
4. Loose clothing should be worn to facilitate the starting of an intravenous line to administer the sedation or anesthetic and also to facilitate the placement of monitoring equipment. Flat comfortable shoes should also be worn.
5. Contacts should not be worn on the day of surgery. No make-up or jewelry should be worn on the day of the planned surgical procedure.
6. Anesthetic cannot be administered if you have a severe cold, sore throat or sinus infection with excessive drainage. If you develop any of these problems prior to your appointment, please call the office so that we may reschedule your surgery.
7. While taking antibiotics, Birth Control Pills may become ineffective. Extra precautions should be taken while you are on antibiotics.
8. **Instructions for Dr. Louis' 3rd molar patients:** You will receive 2 prescriptions: a non-steroidal anti-inflammatory drug (NSAID) and an antimicrobial mouth rinse. Please start the mouth rinse the week before surgery and begin the NSAID the morning of surgery. After the surgery you will continue these medications as directed on the bottle. These medications are designed to decrease the incidence of "dry sockets" and postoperative pain.

**Please bring your Insurance, Medicare, Medicaid Cards, etc. With you.
CO-PAYMENT IS EXPECTED AT THE TIME OF SERVICE.**

This information is not intended to replace advice given to you by your health care provider. Make sure you discuss any questions you have with your health care provider.

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